

Description of procedures in cases of exposure to potentially infectious material at UCK im. prof. K. Gibińskiego SUM w Katowicach

1. Cleaning the area of contact with potentially infectious material:
 - Wounds and skin contaminated with infectious material should be washed with soap and water,
 - do not try to stop the bleeding,
 - do not squeeze the wound,
 - do not use standard alcohol-based disinfectants.
 - Rinse the mucous membranes and conjunctiva several times with water,
 - cover a clean wound with a waterproof dressing.
2. Later:
 1. The fact of the event/exposure should be immediately reported to the supervisor or, in their absence, to the on-duty doctor.
 2. Complete the first page of the *Professional Exposure Card* (Appendix No. 1).
 3. The exposed person, with a completed copy of *Occupational Exposure Card*, goes to the doctor on duty in the Admissions Room/Central Admissions Room (Izba Przyjęć/Centralna Izba Przyjęć), who decides on further proceedings and fills out the second page of the *Occupational Exposure Card*.
 4. Securing blood from the person who is the "source" of exposure:
 - The blood sample can be collected when the patient gives informed written consent and signs the appropriate declaration (Appendix 3). With the exception of unconscious patient.
 - In the case of minors under 16 years of age, consent to the blood sample collection is given by legal guardians. In the case of a person between 16 and 18 years of age, consent to blood sample collection is given by legal guardians and the minor themselves.
 - If the patient does not consent, we treat the "source" of exposure as unknown.
 - The test tube with the blood sample should be wrapped in lignin or other absorbent material and placed in a transport container.
 5. In justified cases of exposure, the officer on duty at the Admissions Room/Central Admissions Room (Izba Przyjęć/Centralna Izba Przyjęć) immediately refers the exposed person to a specialist center* and completes the *Referral Form* (Appendix 2):
 - From 8.00 a.m. to 3.00 p.m. to the AIDS Diagnostics and Therapy Clinic in Chorzów (Poradnia Diagnostyki i Terapii AIDS w Chorzowie), ul. Zjednoczenia 10 Chorzów, registration phone number: 32 346 36 19 (36 20),
 - From 3 p.m. to 8 a.m. to the doctor on duty of the Infectious Diseases Department of the Specialist Hospital in Chorzów (Oddziały Zakaźne Szpitala

Specjalistycznego w Chorzowie)- phone number: Emergency Room 32 346 36 91.

6. The exposed person should come for a consultation to a specialist center as soon as possible, with a photocopy of the *Occupational Exposure Card* and *Referral* and a sample with the collected patient's blood.
7. The exposed person should continue following the recommendations of the infectious disease specialist.
8. The exposed person notifies of the exposure directly to the superior, the Occupational Health and Safety Team- by providing the *Occupational Exposure Card* and the Hospital Infection Control Team by providing a photocopy of the *Occupational Exposure Card*.
9. At the end of the post-exposure procedure, the exposed person receives a final opinion from a specialist center and forwards it to the Occupational Health and Safety Team.

*As part of post-exposure management, the specialist center carries out: medical examination, assessment of the risk of infection, performance of necessary laboratory tests, administration of antiretroviral drugs, medical examinations and necessary additional tests at regular intervals after exposure.